

Example Midterm Presentation

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- ▶ Cannabis is among the most frequently detected drugs in fatally injured drivers in the US
 - ▶ Driving after using cannabis is also on the rise as legal availability increases
- ▶ The purpose of this analysis is to share results from a driving simulator study aimed at evaluating the impacts of acute cannabis use on driving performance during distraction tasks

- ▶ Researchers at the University of Colorado recruited healthy adults aged 25-45 who drove at least 20 miles per week
 - ▶ Based upon their self-reported cannabis use, enrolled participants were placed into one of three groups:
 - 1) Daily users (using at least once per day over the past 30 days)
 - 2) Occasional users (using at least once per week but not more than twice per week over the past 30 days)
 - 3) Non-users (no use in the past 30 days)

Data Collection

Subjects engaged in four different driving scenarios in a NADS-Minisim



- ▶ The first two scenarios were used to establish baseline performance
- ▶ Cannabis users then smoked their own self-procured cannabis flower for 15-minutes before completing the remaining two scenarios
- ▶ Each scenario contained between 0 and 3 repetitions of a distraction task where the subject was prompted to select an app from a 4x5 grid on a mounted tablet

- ▶ Analyses focuses on two explanatory variables:
 - ▶ Usage group (daily, occasional, or non-user)
 - ▶ Dosing condition (baseline period, or post-use period)
- ▶ Results are presented for three outcomes related to driving performance during distraction tasks:
 - ▶ Lane departures (binary categorical)
 - ▶ Standard deviation of lateral position (quantitative)
 - ▶ Change of speed prior to the task (quantitative)

Distraction tasks by usage group:

Summary Statistics

	Count	Proportion
control	190	0.399
occasional	113	0.237
frequent	173	0.363
Total	476	1.000

In total, the 30 non-users, 25 occasional users, and 31 daily users engaged 476 distraction task repetitions

Univariate Results (lane departures)

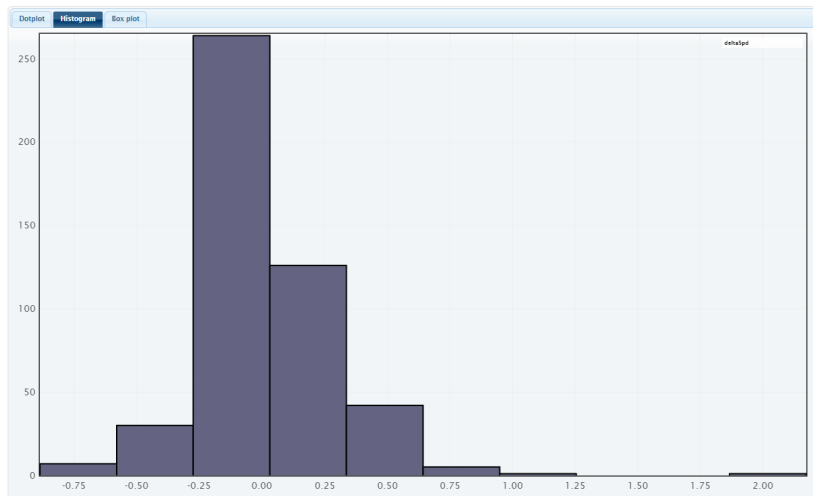
Lane departures during task periods:

Summary Statistics

	Count	Proportion
0	399	0.838
1	77	0.162
Total	476	1.000

Departures were observed in 16.2% of 476 distraction tasks

Univariate Results



Drivers tended to slightly decrease speed prior to most tasks
(median = -0.012 mph)

Lane departures by usage group:

Proportions

Row

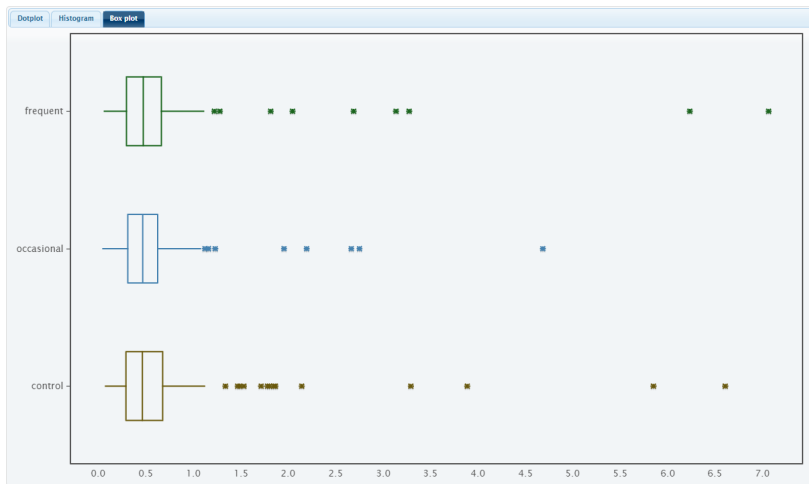
Column

Overall

condition \ dept	0	1	Total
control	0.821	0.179	1
occasional	0.805	0.195	1
frequent	0.879	0.121	1
Total	0.838	0.162	1

Lane departures were most prevalent for occasional cannabis users

Bivariate Results



Median SDLP during task periods was similar for each group

Lane departures (% of tasks) by dosing condition and usage group:

	Baseline	Post-use
Non-user	0.200	0.153
Occasional	0.094	0.283
Daily	0.111	0.133

- ▶ Occasional users experienced a large increase in departures post-use
- ▶ Daily users experienced only a small increase

Multivariate Results (SDLP)

Mean SDLP (ft) by dosing condition and usage group:

	Baseline	Post-use
Non-user	0.619	0.626
Occasional	0.466	0.692
Daily	0.625	0.629

- ▶ Occasional users were the only group to experience a substantial increase post-use
 - ▶ However, these changes seem to be due to a lower baseline SDLP

Conclusions:

- ▶ Deleterious effects of acute cannabis use on driving performance during distraction tasks appear to be most pronounced among occasional users
- ▶ Some evidence (not presented) indicates daily users may compensate by reducing speed

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- ▶ Some evidence (not presented) indicates daily users may compensate by reducing speed

Limitations:

- ▶ Data are observational, as precise levels of intoxication were not assigned
- ▶ The short duration of tasks and the number of repetitions per subject are additional limitations